



Noise pollution

Description

What is Noise pollution:

- Noise pollution is unwanted sounds that cause negative effects on humans and animals.

Causes of Noise pollution:

- Increasing use of transportation facilities is resulting in traffic noise. Unnecessary honking is adding more noise.
- Construction of buildings is increasing at a rapid rate due to the high demand for homes and offices. Constructions can cause so much noise.
- Factories, where goods are manufactured also cause loud sounds.
- Weddings or any other events that use loud music can contribute to noise pollution.
- Some people play loud music in their homes, which can become noise pollution for their neighbours.
- Some household appliances such as vacuum cleaners, mixer grinders can cause loud sounds.

Effects of Noise pollution:

- Loud sounds can cause hearing loss.
- It can also cause heart problems and high blood pressure.
- Noise pollution can scare animals. They may flee from their habitats thinking that there is a danger.
- Frequent loud noises can cause anxiety issues. Moreover, it can increase stress too.
- Hearing unwanted sounds continuously can cause sleep disorders.
- Noise pollution can disturb studies and work, and hence reduces productivity.
- The loss of productive work hours and treatment of health issues can cause financial issues. It is not good for the country's economy either.

What needs to be done:

- Strict laws should be drafted to prevent noise pollution near hospitals and schools because children and patients are more vulnerable.
- Vehicles should be maintained well to prevent loud noises.
- Manufacturing appliances that cause low sound while running can reduce household noise pollution. Moreover, making them affordable is also important to encourage the use of quiet appliances.
- Trees absorb sounds. So, planting more trees can not only help the environment but also can reduce noise pollution.

Conclusion:

There are several causes for noise pollution such as vehicular sounds, constructions, manufacturing, household appliances etc. Noise pollution can affect our health negatively. So, we need to take steps to reduce unnecessary and unwanted sounds.

Your Turn...

What are your thoughts on noise pollution? Express your point of view through the comment section below. And subscribe to our blog to read answers to the trending GD topics.

Photo by [Josh Sorenson](#) from [Pexels](#)

Copyright @ Group Discussion Ideas.