



## Retirement Homes – Pros & Cons

### Description

The concept of retirement homes is relatively new in India. Old age homes and retirement homes are different. Retirement homes are like normal homes in a gated community, but with extra facilities because the residents are senior citizens. Initially, it had a stigma attached to it: that only abandoned old parents go to retirement homes. But this image is gradually changing. People in Metropolitan cities are increasingly opening themselves to the idea of retirement homes.

### Pros :-

- The residents get to have a community of their own. They can interact, make friends and enjoy together.
- At well-maintained retirement homes, they get individual care for their condition, be it any kind of sickness, disability or medical condition. Nurses, Caretakers, etc make sure that they are comfortable.
- Retirement homes are usually built in such a manner that injuries due to domestic accidents are minimized. Skid-proof tiles, arthritis-friendly fittings, etc are some of the features that they exhibit.
- The elders get to live a life of dignity. They do not feel like a burden on any of their relatives. They are also treated respectfully amongst their own community as compared to being ill-treated by their relatives.
- Medical facilities are readily available at retirement homes making it easier for the elderly in case of severe emergency or even the slightest of discomfort.

### Cons :-

- Any retirement home worth spending the rest of your life in is quite costly for a middle-class family.
- Senior living homes or Retirement homes may sometimes feel secluded from the outer world.
- The residents may feel a lack of connectivity with their family members. Being away from

the family for too long can sometimes be depressing for some people.

- What caregivers and nurses cannot substitute is the feeling of being loved by your family members. For them, it's only a job and there is no connection at a personal level.
- The residents might be ill-treated by the authorities at the retirement homes.

### **Conclusion :-**

Retirement homes are quite helpful for those who are unable to live with their children for their own reasons. As the demand for retirement homes is increasing, it is very likely that more and more people will venture into this business and as a result costs may come down.

### **Your Turn...**

Do you like the idea of retirement homes? Tell us through the comment section below. And subscribe to our blog to read answers to the trending GD topics.

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